

Name- *Dr. Bhoopendra Mani Tripathi*

(B.Sc, BAMS, MD, PGDYS)

- 1. TOTAL PUBLICATIONS- 14**
- 2. PARTICIPATION IN NATIONAL AND INTERNATIONAL SEMINARS- 17 (5-International, 12-National)**
- 3. TOTAL PAPER PRESENTATIONS- 11 (3- In International Seminars)**
- 4. GUEST LECTURES-04 (1-in International Seminar)**
- 5. PARTICIPATION IN MEDICAL CAMPS- 05**
- 6. PARTICIPATION IN RESEARCH ORIENTED WORKSHOPS AND YOGA CAMPS- 08**
- 7. PARTICIPATION IN EXTRACURRICULAR ACTIVITIES- 05**
- 8. WORKED AS STATE CO-ORDINATOR OF UTTARAKHAND STATE, In 'LPU-NASYACON-2016' at LPU, PHAGWARA, PUNJAB.**
- 9. WORKED AS CO-ORDINATOR OF 'IDY-2016' CELEBRATION PROGRAMME at RISHIKUL CAMPUS, UAU, HARIDWAR**
- 10.WORKED AS STATE CO-ORDINATOR OF 'VAP-DIARY CUM DIRECTORY PUBLICATION'**
- 11. LIFE TIME MEMBER OF THREE AYURVEDIC ORGANIZATIONS**

12.AWARDS-

- ✓ Awarded By ‘Scholarship In Alternative System Of Medicine’
- ✓ Best Paper Awards-3, (1-In International Seminar, 2-In National Seminars)
- ✓ Young Scientist Award (By Gold Medal)

PUBLICATION:

In International Journal-

1. ‘A Critical Review On Guduchi (*Tinospora cordifolia* (Willd.) MIERS) And Its Medicinal Uses’ Review Article in International Journal Of Ayurveda And Pharma Research (IJAPR), (IJAPR/May2015/Vol.3/Issue-5), ISSN- 2322-0910.

2. ‘Concept Of Balance Diet And Prescribed Method For Taking Food In Ayurveda’ in International Journal Of Vishwa Ayurved Parishad (VAP), Nov.2015,(Vol.12/ Issue-11, P-11-14), ISSN-0976-8300.

3. ‘An Overview Of Ethnomedicine And Future Aspect Of Ethnomedicinal Plants’ Review Article in International Journal Of Ayurveda And Pharma Research (IJAPR), (IJAPR/May2016/Vol.4/Issue-5), ISSN- 2322-0910.

Chapter In Book-

4. 2nd Chapter '*Interventions*' in Book '*Freedom From Epilepsy*' (Dr.Sushma Rawat), **Jaypee Brothers Medical Publishers (P) Ltd**, P-6-17, First Edition: 2014, **ISBN 978-93-5152-135-8**.

In Seminar Proceedings:

5. '*Classification Of Herbs In Vedic Period*', in the Journal Of All India Ayurvedic Specialists (P.G.) Association '*Yoga And Ayurveda*', in National Seminar organized by Govt. Ayurved College, Guwahati (Assam) ,Vol.21, P-101-104, **Feb.2013**.

6. '*Role Of Herbs And Spices In Various Metabolic Disorders*' in Souvenir of National Seminar on '*Scope Of Ayurveda In Management Of Metabolic And Life Style Disorders In Present Perspective*', organized by Govt. Ayurved College Atarra, Banda (U.P.), Research Paper (Abstract) **March-2013**.

7. '*Drug Adulteration And Its Detection*' in Souvenir of National Seminar on '*Ayurvedic Herbal And Herbomineral Medicines*', organized by Siddhakala Ayurved Mahavidyalaya, Sangamner (M.H.), Research Paper (Abstract) **August-2013**.

8. '*Need And Scope Of Further Researches In Ayurveda*' in the Journal Of All India Ayurvedic Specialists (P.G.) Association '*Yoga And Ayurveda*' as co-author, in 35th National Conference , Delhi ,Vol.26, P-59-64, **Sept.-2015**.

9. '*A Comparative Clinical Study To Evaluate the efficacy of Arjun and Rason in the management of Hyperlipidemia*' in ; '*Anusandhanam*' Souvenir of International Seminar on '*Recent Advancements of Panchkarma*'(**ICRAP-2016**), organized by Uttarakhand Ayurved University , Research Paper (Abstract), P-117,**ISBN:81-87468-03-3, March-2016**.

10. *'Charkokt Bheshaj Pareeksha-Landmark of Ayurvedic Drug Research'* in *'Vaishvikayurveda'* Souvenir of **International Seminar** on 'Globalized Ayurveda: Opportunities & Challenges In Next Decade' organized by MMM Govt. Ayurved College, Udaipur, Research Paper (Abstract), P-18, **ISBN:978-81-7906-568-6, March-2016.**

11. *'Concept Of Drug Standardization In Ayurveda'* in **'International Journal of Green Pharmacy'**, National Seminar 'LPUNASYACON-2016' (Amalgamation of Recent Pharmaceutical Developments In Ayurveda), jointly organized by 'Lovely Professional University and National Ayurveda Students and Youth Association', at Phagwara (**Punjab**), Research Paper (Abstract), **Vol 10, Special Issue2016, P-32, April-2016.**

Article-

12. *'Panchkarma Chikitsa: Ek Sankshipt Parichaya'* 'Vikalpa' **Vindhya Herbal's Malawa Van Mela, Bhopal (M.P.), P-35-36, 2006.**

13. *'Ayurved me Pan Ka Mahattva'* 'Vikalpa' **Vindhya Herbal's Malawa Van Mela, Bhopal (M.P.) , P-23-24, 2007.**

14. *'Anek Rogon Ki Achook Dawa: Ajwain'* 'Malawika' **Vindhya Herbal's Malawa Van Mela, Indore (M.P.), P-34-35, 2008.**

PARTICIPATION:

(A) In National/International Seminars-

1. As **State Co-ordinator of Uttarakhand** in **'LPUNASYACON-2016'** (Amalgamation of Recent Pharmaceutical Developments In Ayurveda), jointly organized by 'Lovely Professional University and National Ayurveda Students and Youth Association', at Phagwada (**Punjab**), on 22nd & 23rd **April-2016.**

2. As **Guest Speaker**, in one day **National Level Workshop** on ‘Modern Nurses Role in Various Departments’, organized by ‘Quadra Institute of Nursing, **Roorkee (U.K.)**, on **27th Feb.2016**, topic ***‘Modern Nursing in Ayurveda’***.
3. As **Guest Speaker**, in **International Seminar** on ‘Globalized Ayurveda: Opportunities & Challenges In Next Decade’ organized by MMM Govt. Ayurved College, **Udaipur (Rajasthan)**, on **17th to 19th March-2016**, topic ***‘Charkokt Bheshaj Pareeksha-Landmark of Ayurvedic Drug Research’***.
4. As **Guest Speaker**, in **One day workshop** on ‘Skill Development and Career Counselling Programme for Ayurvedic Students’, organized by Vishwa Ayurved Parishad at Uttaranchal Ayurved College **Dehradun**, on **20th April-2016**, topic ***‘Importance of Samhita in Ayurved Practice’***.
5. As **Guest Speaker**, in **7-days residential training programme** ‘Ayurved Vidyarthi Vyaktittva Vikas Shivir’, organized by Vishwa Ayurved Parishad at Agrawal Dharmshala, **Dehradun**, on **1st to 7th June-2016**, topic ***‘Relevance of Samhita with it’s Practical Application’***.
6. As **Paper Presenter** in **National Seminar** on ‘Veda And Ayurveda’ organized by Govt. Ayurved College, **Guwahati (Assam)** on **17th & 18th Feb.2013**, topic ***‘Classification Of Herbs In Vedic Period’***.
7. As **Paper Presenter** in **National Seminar** on ‘Scope Of Ayurveda In Management Of Metabolic And Lifestyle Disorders In Rescent Perspective’ organized by Govt. Ayurved College And Hospital, Atarra, **Banda (U.P.)** on **16th & 17th March-2013**, topic ***‘Role Of Herbs And Spices In Various Metabolic Disorders’***.
8. As **Paper Presenter** in **3rd National Conference** on ‘Hypertention - Concepts, Challenges And Its Ayurvedic Management’ at Govt. Ayurved College, **Bareilly (U.P.)** on **21st April-2013**, topic ***‘Herbs And Hypertention’***.

9. As Paper Presenter in National Symposia on ‘Ayurvedic Treatment Of Medical Emergencies’ organized by All India Ayurved P.G. Association at Niskam Seva Trust, **Haridwar (U.K.)**, on 17th &18th **August-2013**, topic *‘Some Ayurvedic Remedies For Medical Emergencies’*.

10. As Paper Presenter in National Seminar on ‘Ayurvedic Herbal And Herbomineral Medicines’ organized by **Siddhakala Ayurved Mahavidyalaya, Sangamner, Ahmadnagar (M.H.)**, on 25th & 26th **August- 2013**, topic *‘Drug Adulteration And Its Detection’*.

11. As Member Of Organizing Committee in National Conference on ‘Recent Advancements In Panchkarma’ organized by **Rishikul Govt. P.G. Ayurved College And Hospital, Haridwar (U.K.)**, on 18th-20th **October-2013**.

12. As Paper Presenter in National Seminar on ‘Contemporary Importance Of Intercropping In Farming Of Medicinal And Aromatic Plants’ organized by **Rajasthan Ayurved University, Jodhpur, Rajasthan** on 18th &19th **September 2014**, topic *‘Intercropping Of Medicinal Plants’*.

13. As Delegate, in 6th World Ayurved Congress, New Delhi, on 7th-9th **November-2014**, ‘Ayurveda And Health Challenges’.

14. As Paper Presenter in 35th National Conference of Ayurvedic Specialist and Seminar on *‘Present Status Of Ayurvedic Research And Future Course Of Action A View Point’* organized by **‘Gandhian Institute of Ayurveda And Naturopathy’, Delhi**, on 24th & 25th **September-2015**, topic *‘Importance Of Dravya w.s.r. to Charakokta Bheshaj Pareeksha’*.

15. As Paper Presenter in National Seminar (NASYACON-2015) on *‘Youth And Ayurveda’* organized by NASYA at **‘Patanjali Yogapeeth’, Haridwar (UK.)**, on 26th & 27th **September-2015**, topic *‘Re-evaluation Of Learning*

Methodologies Of Ayurveda In Present Perspective'. (Awarded as Best Paper)

15. As Paper Presenter in International Seminar 'ICWTA-2015' (Wellness Through Ayurveda), organized by 'Trilok Ayurveda Wellness Centre' at **Rishikesh (U.K.),** on 3rd & 4th **October-2015,** topic '*Concept Of Balance Diet In Ayurveda*'.

16. As Paper Presenter in International Seminar 'ICRAP-2016' (Recent Advancements in Panchkarma), organized by 'Department of Panchkarma, Uttarakhand Ayurved University' at **Haridwar (U.K.),** on 5th & 6th **March-2016,** topic '*A Comparative Clinical Study To Evaluate the efficacy of Arjun and Rason in the management of Hyperlipidemia*'. *(Awarded as Best Paper)*

17. As Paper Presenter in National Seminar 'LPUNASYACON-2016' (Amalgamation of Recent Pharmaceutical Developments In Ayurveda), jointly organized by 'Lovely Professional University and National Ayurveda Students and Youth Association', at **Phagwada (Punjab),** on 22nd & 23rd **April-2016,** topic '*Concept Of Drug Standardization In Ayurveda*'. *(Awarded as Best Paper)*

(B) Participation in Free Medical Camps-

1. Participated as Volunter in free medical camp organized by 'Vaidic Dharm Prachar Samiti', in **Simhastha-2004,** at **Ujjain' (M.P.)** from **05th April 2004 to 04th May 2004.** (1-month).

2. Participated as Volunter in free medical camp organized by 'Arya Samaj' at **Ujjain (M.P.)** in the memory of **Lt.Vd.O.P. Sharma,** on **1st & 2nd Oct.2005.**

3. Participated as Consultant in free medical camp organized in **Malawa Van Mela-2008** at 'Gandhi Hall', **Indore (M.P.)** from **1st-5th Feb.2008.**

4. Participated as **Consultant** in free medical camp organized in Malawa Van Mela-2009 at 'Gandhi Hall', **Indore (M.P.)** from **19th-22nd Feb.2009**.

5. Participated as **Consultant** in free medical camp organized by 'Narsingh Bhawan Trust' **Haridwar (U.K.)** on **07th April 2013**.

(C) Participation in Workshops And Yoga Camps-

1. Participated as **Learner** in **Yoga Camp** organized by 'Youth Hostel Association Of India', City Unit **Indore (M.P.)**, from **1st-7th May 2005**.

2. Participated as **Camp Manager** in **Yoga Camp** organized by 'Hariom Yoga Kendra' **Indore (M.P.)**, From **15th-24th May 2005**.

3. Participated as **Learner** in *Special 'Yoga Pradeep' Training Session* Organized by 'Yoga Mitra Mandal', **Indore (M.P.)**, from **06th May -20th May 2007**.

4. Participated as **Learner** in **Workshop** on '**Introduction To Clinical Research**' organized by 'Indian Academy Of Pediatrics, Indore Branch' at 'Hotel Amarvilas', **Indore (M.P.)**, on **12th Oct.2008**.

5. Participated as **Learner** in **Workshop** On '**Calligraphy**' organized by 'Abhivyakti' (a Dainik Bhashkar group), **Indore (M.P.)**, **31st May-10th June 2010**.

6. Participated as **Volunteer** in '*Surya Namaskar Abhyas Satra*', organized by 'Hariom Yoga Kendra', **Indore (M.P.)**, at **12th Jan.2011**.

7. Participated in '**3-days training Programme on Research Methods, Manuscript Writing and Career Opportunities for Ayurveda PG Students**', organized by 'Rashtriya Ayurveda Vidyapeeth' at **Lucknow**, dated **27th to 29th Oct.2015**.

8. Participated in ‘2-days Ras Shastra workshop’ at Vd. Prakash Chandra Cancer Foundation, Dehradun, under guidance of Padmshri Vd. Balendu Prakash, organized by NASYA, dated 25th & 26th June-2016.

(D) Participation in Extracurricular Activities-

1. Participated in **Debate Competition** on ‘*Samaj me badhate hue apradh ke liye vigyan jimmedar hai*’ organized by ‘Maharaja Ranjeet Singh College’, Indore (M.P.) on 8th Jan.2005, in oppose.

2. Participated in **Debate Competition** on ‘*Ayurved shrestha chikitsa paddhati hai*’ organized in ‘Malawa Van Mela’-2006, at Gandhi Hall, Indore (M.P.), **Winner (in favour).**

3. Participated in **Debate Competition** on ‘*Ayurved ka aadhunikikaran avashyak hai*’ organized by ‘Govt. Auto. Ashtang Ayurved College’, Indore (M.P.), in Feb. 2007, **Winner (in oppose).**

4. Participated in ‘*Kayyapath*’ organized by ‘Govt. Auto. Ashtang Ayurved College’, Indore (M.P.), in Feb.2007, **Winner.**

5. Participated in **Extempore** on ‘*Samaj me brashtachar ki bhumika*’ organized by ‘Govt. Auto. Ashtang Ayurved College’, Indore (M.P.), in Feb.2007, **Runner.**

Life Time Member-

1. **Vishwa Ayurved Parishad-** Membership no.- **063011502**

2. **NASYA-** Membership no.- **NASYA/LT/2014/UTK/000895**

3. **All India Ayurvedic Specialists (P.G.) Association-** Membership no.-**0603**

Awards:

- Awarded by '**Scholarship in alternative systems of medicine**' granted by 'Dr. Sushil Kumar And Jamila Mitra Charitable Trust', New Delhi (India), **March-2006**.
- **Best Paper Awards-3, (1-in International Seminar, 2-in National Seminars)**
- **Young Scientist award (Gold Medal by A.S.E.A.)**

I hereby declare that the above information mentioned by me are true and I am holding the full responsibility of it.

Place:

Date:

(Bhoopendra Mani Tripathi)